

Guidelines for Ne-waza Competition

The following are basic Judo rules. They are intended for guidance only: more specific details governing the competition will be explained on the day.

Venue Rules.

- Strictly **NO SMOKING**
- **Photographs & Video will be allowed by individual permission.**
- No food allowed in the Hall. Only drinks with closed tops (i.e. no open topped tea/coffee mugs etc only bottles of water/Juice etc)

Event Organisation

- ❖ Competitors will be divided into pools of 4
- ❖ Juniors will be allocated to pools according to their weight, age and/or grade
- ❖ Juniors are Under 16: Intermediates are 16-17 years, Seniors are 18-35 years and Veterans are Over 35 years.
- ❖ Adults will be divided into pools on the day based on attendance
- ❖ All competitors will receive a minimum of a Bronze medal since it is the taking part that is important. Pool winners will receive a gold medal, 2nd place will receive Silver.
- ❖ Competitors must listen for their category to be called, and promptly go to their appointed mat (if parents have concerns re the make-up of a pool this is the time to query it with THEIR club Sensei)
- ❖ Licences may be requested

Attitude And Etiquette.

- Spectators and coaches are expected to keep away from table officials and competitors.
- There is to be **NO coaching of any kind – penalties will be awarded against any Judoka who is the target of coaching and will be issued after 1-warning**

All queries must be directed through your Club Sensei to the Senior Referee. Any disputes should be reported before competitors leave the mat area.

Safety

Inhalers should be brought to the mat area; they must be named and notified to the table officials and placed on the table.

- Judogi's must be clean and in good state of repair
- Girls should wear long, white, high neck tee-shirts.
- Finger nails and toe nails must be short
- Hair clips must not be worn, long hair (males and females to be secured with soft bands)
- All Jewellery, including Ear rings and body piercings must be removed
- It is the judokas responsibility to make sure that any cuts or injuries etc are protected.

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Basic Rules:

This is a Ne-waza competition; one knee must remain on the tatami at all times. If a technique requires momentary simultaneous removal of both knees from the Tatami then it is left to the referee's discretion to determine if in his/her opinion this is a legitimate removal of both knees from the Tatami. (S/he will call it as s/he sees it).

THE REFEREE'S DECISION IS ABSOLUTELY FINAL

- **Obi's are to be removed when entrants** are called to the contestant area.
- Red belts and white belts will be supplied by table officials for competitors to wear when fighting
- Interlocking of legs during hold down will cause the hold down to be broken
- Decisions are to be made after published time. No extra time will be allowed.
- Juniors **MUST NOT** apply Armlocks, strangles, or chokes

Etiquette Protocols for shiai:

Competitors should warm themselves up, before stepping onto the mat.

Competitors will line up in front of the table for a kneeling rei towards their referee; they should then be sat down to one side of the table.

Commencement

- ✓ The Table will announce the first two competitors who should stand waiting at table edge of mat.
 - 1) **When their names are announced the Contestants will Rei onto the mat.**
 - 2) **When the Referee beckons them forward, they will walk to the middle of the side edge of mat and tachi (standing) rei to each other (referee may need to enforce this)**
 - 3) **When the referee is sure the table officials are ready, s/he will beckon them to middle of mat, when they are 6 feet apart they will kneel and rei to each other**
 - 4) **Then keeping their L knee on the ground , they will kneel up their with R knee raised**
- ✓ On the command of **Hajime** (no hand signal), the contest will start - they have 20 secs to take hold and attempt to take control.
- ✓ Overly defensive judo should be dissuaded. In the case of juniors or novices, the judoka should be reminded of need to relax and get on with it. More experienced judoka may be penalised.
- ✓ If competitors become locked together with no one appearing to be able to gain an advantage then **Matte** should be called (the contest clock will be stopped)/ The competitors are brought back to the centre of the mat. If necessary competitors should be told to retie their belts or tuck their jackets in before continuing with **hajime**.
- ✓ All scores should be indicated with clear hand signals and the score board checked to ensure that all scores have been awarded correctly.

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Termination of bout

On referee's call of **Ippon**, or **Sore-made** both competitors will stand and return to their start positions. They will tidy themselves up.

- 1) **The Referee will indicate the winner as shown by the scores on the score board. (If no score is shown on the score board or if scores are equal then the referee must award Kachi (winner) based on his/her view of attacking spirit).**
- 2) **Both the judoka will perform a tachi (standing) rei**
- 3) **ALL JUDOKAS MUST SHAKE HANDS ON COMPLETION OF CONTEST**
- 4) **They will then back off to the edge of the mat area,**
- 5) **Rei to the mat, before backing off to the table**
- 6) **The winner should give his/her name to the table officials**
- 7) **The Competitors will remove their belts and sit down at the edge of the mat**

When all contests have been completed the referee and competitors will perform a kneeling rei.

Maximum Duration of each bout		Hold downs (max)
Juniors grades	2 minutes	25 secs
ALL Senior Kyu grades + Intermediates	3 minutes	30 secs

Scoring:

		points	Alternative way of being awarded the points
Ippon	Hold down for 25 secs (juniors), 30 secs seniors) or A submission	10 points	Two waza-aris, sogo-gachi, opponent disqualified or withdraws
Waza-ari	Hold down - 20 secs(juniors), 25 secs (seniors)	7 points	Opponent given keikoku
Yuko	Hold down - 15 secs (juniors), 20 secs (seniors)	5 points	Opponent given chui
Koka	Hold down - 10 secs (juniors), 15 secs (seniors)	3 points	Opponent given shido
Yusei-gachi	Win by superiority of attacks and/or attitude	1 point	

Basic terminology-

HAJIME	Begin	MATTE	Stop
OSAE-KOMI	Hold down is on (hold down clock is started)	TOKETA	Hold down broken (hold down clock is stopped)
SONO-MAMA	Freeze	YOSHI	Continue
SORE-MADE	END of time	YUSEI-GACHI	Win by superiority (1 point)

Osae-komi-waza

When holding in **osae-komi** tori must have control of at least one shoulder and uki must have at least 50% of back in contact with mat. Prohibited acts include hands on face, neck locks, shoulder locks, do-jime, knee locks and leg entanglements which are intended to cause pain.

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Penalties And Prohibited Actions

Rules are there to prevent injury and encourage attacking judo and discourage overly defensive, negative judo. Breaking the rules are punished by accumulative penalties.

If tori acts illegally matte is called and a penalty awarded

If uki is acting illegally sono-mama is called and a penalty is awarded

Shido	3 point penalty	Gives opponent a koka
Chui	5 point penalty	Gives opponent a yuko
Keikoku	7 point penalty	Gives opponent a waza-ari (may result in sogo-gashi win)
Hansoku-make	disqualification	Opponent is declared the winner. Decision may need to be made with senior referee as to whether judoka should be banned from competition

Attacking action must commence within 25 secs (max) of Hajime being called

Actions that are permitted in ne-waza but not tachi waza	Prohibited actions in ne-waza
Holding your opponents belt	Swearing, Kicking, slapping, pinching and hitting
Any part of the gi may be held	Disrespect for the referee
Passivity or defensive actions (negative judo is permitted but may result in a judoka losing)	Neck locks
	Do-jime
	Placing hand in/on opponents face
	Shoulder locks
If a judoka is being held it is legitimate to try to move out of the shiai area.	Judoka may not deliberately crawl out of the contest area.
The belt can be used to control a limb	But not as a tourniquet
Legs can be entangled for control	Armlocks and strangles are prohibited for under 16's
If judoka wishes fingers may be placed in side the gi	