

Kaeshi Kata Variations

	Early AEJF Version			Bristol Judo Club version		
1	Deashi-barai	By	Tsubami gaeshi	Kouchi-gari	By	Hiza-guruma
2	Kouchi-gari	By	Hiza-guruma	Ouchi-gari	By	Kosoto-gari
3	Ouchi-gari	By	ushiro hiza-guruma	Osoto-gari	By	Osoto-guruma
4	Osoto-gari	By	Harai-goshi	Kosoto-gari	By	Tai-otoshi
5	Ogoshi	By	Utsuri-goshi	Harai-goshi	By	Ushiro- goshi
6	Harai-goshi	By	Ushiro-goshi	Hane-goshi	By	Harai-tsurei-komi-ashi
7	Hane-goshi	By	Harai-tsurei-komi-ashi	Uchi-mata	By	Uchi-mata-sukashi
8	Uchi-mata	By	Sumi-otoshi	Koshi-guruma	By	Utsuri-goshi
9	Ippon-seoi nage	By	Uki-waza	Ippon-seoi nage	By	Uki-waza

	Yukio Tani (BJA) Kaeshi-no-kata (early 20 th century)			Bill Woods Busen (1990) ascribed to Kenshiro Abbe (BJC) mid-20 th century		
1	Deashi-barai	By	Deashi-barai	Okuri-ashi-barai	By	Tsubami-gaeshi
2	Ouchi-gari	By	Ushiro-goshi	Kouchi-gari	By	Hiza-guruma
3	Kouchi-gari	By	Okuri-ashi-barai	Ouchi-gari	By	ushiro hiza-guruma
4	Osoto-gari	By	Harai-goshi	Ogoshi	By	Ushiro-goshi
5	Kosoto-gari	By	Tai-otoshi	Harai-goshi	By	Utsuri-goshi
6	Hane-goshi	By	Deashi-barai	Hane-goshi	By	Harai-tsurei-komi-ashi
7	Harai-goshi	By	Ushiro-goshi	Osoto-gari	By	Harai-goshi
8	Uchi-mata	By	Te-waza	Ouchi-gari	By	Sumi-otoshi
9	Koshi-guruma	By	Utsuri-goshi	Katate-seoi	By	Uki-waza
10	Ippon-seoi nage	By	Uki-waza			

Notes – Kaeshi Kata is not of Kodokan origin (hence it is not Kaeshi-no-kata). When the Kodokan judo katas were first formed 1906 (and revised 1921) counter techniques were not a major part of judo.

Mr Kaiwashi (graduate of Tokai university) introduced Go-no sen to Europe, whilst Kenshiro Abbe (Butokai) introduced us to Kaeshi kata

Kata should be performed with the first attacking throw being completed, and then the same attack being countered. Sometimes the counter is shown first at a slower speed before being shown at 'full speed'.

For teacher grading purposes if the instructor being graded is of more mature years then it *maybe* acceptable for the counters alone to be shown, without the initial attacking throw.

These can be compared with Go-No-Sen Kata of counters

'Opportunity remains a moment and flies away. You think that the moment has come to apply your tricks, but you often find it too late. If you would therefore seize a good opportunity, you must be ready to seize it practically before it appears, and apply your tricks, anticipating the chance. In order to do so, your eyes alone are not enough. You must rely on the sense of your muscles. For instance, acting by go-no-sen, it is the work of a moment to change failure into success.' *Sakujiro Yokoyama and Eisuke Oshima.*

M.Kawashi				BJA		
Osoto-gari	<i>by</i>	Osoto-gari	1	Osoto-gari	<i>by</i>	Osoto-gari
Hiza-guruma	<i>by</i>	Hiza-guruma	2	Hiza-guruma	<i>by</i>	Hiza-guruma
Ouchi-gari	<i>by</i>	Tomoe-nage <i>or</i> Okuri-ashi-barai	3	Ouchi-gari	<i>by</i>	De-ashi-barai
De-ashi-barai	<i>by</i>	Tsubami-gaeshi	4	De-ashi-barai	<i>by</i>	De-ashi-barai
Kosoto-gake	<i>by</i>	Tai-otoshi <i>or</i> uchi-mata	5	Kosoto-gake	<i>by</i>	Tai-otoshi
Kouchi-gari	<i>by</i>	Sasae-tsuri-komi-ashi <i>or</i> Hiza-guruma	6	Kouchi-gari	<i>by</i>	Sasae tsuri-komi-ashi
Kubi-nage	<i>by</i>	Ushiro-goshi	7	Kubi-nage	<i>by</i>	Ushiro-goshi
Koshi-guruma	<i>by</i>	Uki-goshi	8	Koshi-gurum-	<i>by</i>	Uki-goshi
Hane-goshi	<i>by</i>	Sasae-tsuri-komi-ashi	9	Hane-goshi	<i>by</i>	Sasae-tsuri-komi-ashi
Harai-goshi	<i>by</i>	Utsuri-goshi	10	Harai-goshi	<i>by</i>	Utsuri-goshi
uchi-mata	<i>by</i>	Te-guruma <i>or</i> komata-sukui	11	uchi-mata	<i>by</i>	Sukui-nage
Ippon-seoi - nage	<i>by</i>	Yoko-wakare <i>or</i> Sumi-gaeshi <i>or</i> Uki-waza	12	Kata-seoi	<i>by</i>	Sumi-gaeshi